

Name/Code:

Date:

Music Preference Questionnaire (MPQ-R)

Dear participant, the following questions refer to which music you like to listen to and in which situations you do so. We are aware that we cannot capture your taste in music comprehensively with this questionnaire, as we will doubtlessly have missed out some points that are important to you. However, we would like to ask you to go along with filling in these rough categories. We hope you have fun filling in the questionnaire!

1. Which of the indicated music styles do you prefer? Please mark your answer from 1 to 5 on the scale *for each music style*:

Pop: (E.g., "hit parade")	not at all	1	2	3	4	5	very much
Rock: (E.g., Indie, Alternative)	not at all	1	2	3	4	5	very much
Hip Hop: (E.g., Rap)	not at all	1	2	3	4	5	very much
Latin: (E.g., Tango, Salsa)	not at all	1	2	3	4	5	very much
Soul/Funk: (E.g., R'n'B)	not at all	1	2	3	4	5	very much
Hard Rock: (E.g., Heavy Metal, Crossover)	not at all	1	2	3	4	5	very much
Electronic Music: (E.g., Techno, House)	not at all	1	2	3	4	5	very much
New Age: (E.g., Meditation Music)	not at all	1	2	3	4	5	very much
Folk Music: (E.g., Country, Folk)	not at all	1	2	3	4	5	very much
Classical Music: (E.g., Baroque, Romance, Opera)	not at all	1	2	3	4	5	very much
Jazz/Blues:	not at all	1	2	3	4	5	very much
Other: _____	not at all	1	2	3	4	5	very much
_____	not at all	1	2	3	4	5	very much

2. Which is your favorite music/music group and what music style would you categorize it as (max. 3)?

Favorite music/group: _____

Music style: _____

3. How long do you listen to music on a typical day?

_____ Hours. Min.

4. For what purposes do you listen to music? Please mark your answer from 1 to 5 on the scale *for each purpose*:

Relaxation:	never	1	2	3	4	5	very often
Activation:	never	1	2	3	4	5	very often
Distraction:	never	1	2	3	4	5	very often
To reduce aggression:	never	1	2	3	4	5	very often
To work better:	never	1	2	3	4	5	very often
To evoke certain feelings:	never	1	2	3	4	5	very often
To increase certain feelings:	never	1	2	3	4	5	very often
Against boredom:	never	1	2	3	4	5	very often
Against loneliness:	never	1	2	3	4	5	very often
Because of the music:	never	1	2	3	4	5	very often

Other purpose:

_____	never	1	2	3	4	5	very often
_____	never	1	2	3	4	5	very often

5. On what occasions or in which situations do you listen to music? Please mark your answer from 1 to 5 on the scale *for each option*:

Disco/Club:	never	1	2	3	4	5	very often
Techno Party:	never	1	2	3	4	5	very often
Concerts (Rock/Pop):	never	1	2	3	4	5	very often
Concerts (Classical/Opera):	never	1	2	3	4	5	very often
As background activity when doing something else (e.g., sports, housework, on the move)	never	1	2	3	4	5	very often
When making music myself (e.g., singing)	never	1	2	3	4	5	very often
When I'm alone	never	1	2	3	4	5	very often
When I'm with friends	never	1	2	3	4	5	very often
Other situations/occasions							
_____	never	1	2	3	4	5	very often
_____	never	1	2	3	4	5	very often

6. Do you *currently* actively make music? Please tick accordingly:

- no
- I play an instrument (which one and for how long?): _____
- I sing in a choir (for how long?): _____
- other: _____

7. Have you *previously* actively made music?

- no
- I played an instrument (which one and for how long?): _____

- I was in a choir (for how long?): _____
- other: _____

8. How important is music in your life? Please mark your answer from 1 to 5 on the scale:

Not at all important 1 2 3 4 5 very important

With the next question, we would like to find out how often and how strongly you experience so-called **chills**. Chills are physical reactions, a shudder or shiver, which spread from the head to the back and/or other parts of the body. These reactions occur in relation to many experiences, e.g. fear, fright or contemplation of art. However, we want to ask you limit your response only to chills that you experience **while listening to music**.

Please state how often you experience chills while listening to music:

not at all 1 2 3 4 5 almost always

If you experience chills, please indicate how intensive your experienced chills are:

hardly noticeable 1 2 3 4 5 overwhelmingly strong

Thank you very much for your effort!